

# Rope Skipping Canada National Records

May 23 2019

(Records set in 2019 are in **BOLD**)

## Master 30 Second Speed

<b>World Record</b>	<b>111</b>	Xiaolin Cen	China	2016	FISAC Worlds
<b>Canadian Record</b>	<b>96</b>	Taylor Thompson	JS	2013	Nationals

Age Category	Score	Athlete	Club	Year	Competition
18 to 29 Female	96.0	Taylor Thompson	JS	2014	Nationals
18 to 29 Male	92.0	Marc-Antoine Reid	ECL	2012	FISAC Worlds
15 to 17 Female	96.0	Taylor Thompson	JS	2013	Nationals
15 to 17 Male	90.0	Jordan Mulvihill	RR	2012	World Jump Rope
13 to 14 Female	91.0	Hannah Perkins	ABSS	2009	Nationals
<b>13 to 14 Male</b>	<b>94.0</b>	<b>Jordan Coen</b>	<b>ALYC</b>	<b>2019</b>	<b>Nationals</b>
11 to 12 Female	88.0	Lauren Thomas	LL	2018	WJR
11 to 12 Male	86.5	Jake Whyte	BAR	2012	Nationals
10 & Under Female	79.0	Peyton Gendreau	EE	2015	Ont. Provincials
10 & Under Male	79.0	Keagan Dunne	BAR	2015	Ont. Provincials
30 & Over Female	87.0	Shawna Presland	BVS	2018	AB Provincials
30 & Over Male	79.0	Sam Ashley	JE	2017	NS Provincials

## Master 3 Minute Endurance

<b>World Record</b>	<b>550.0</b>	Xiaolin Cen	China	2016	FISAC Worlds
<b>Canadian Record</b>	<b>461.0</b>	Shelby Toews	IND	2014	Ont. Provincials

Age Category	Score	Athlete	Club	Year	Competition
18 to 29 Female	461.0	Shelby Toews	IND	2014	Ont. Provincials
18 to 29 Male	450.0	Jordan Mulvihill	RR	2013	Nationals
15 to 17 Female	458.0	Emily MacRae	JS	2010	FISAC Worlds
15 to 17 Male	451.5	Jordan Mulvihill	RR	2012	World Jump Rope
13 to 14 Female	436.5	Emily MacRae	JS	2009	Ont. Provincials
<b>13 to 14 Male</b>	<b>456.0</b>	<b>Jordan Coen</b>	<b>ALYC</b>	<b>2019</b>	<b>Nationals</b>
11 to 12 Female	414.0	Reagan Farough	EE	2017	Nationals
11 to 12 Male	427.0	Jordan Mulvihill	RR	2007	BC Provincials
10 & Under Female	385.0	Shelby Bekaan	JRX	2009	Ont. Provincials
10 & Under Male	393.0	Jordan Mulvihill	RR	2004	BC Provincials
<b>30 &amp; Over Female</b>	<b>424.0</b>	<b>Sandi Kish</b>	<b>HH</b>	<b>2019</b>	<b>Nationals</b>
30 & Over Male	358.0	Sam Ashley	JE	2017	NS Provincials

### Master 2 Minute Endurance

Age Category	Score	Athlete	Club	Year	Competition
10 & Under Female	263.0	Reagan Farough	EE	2015	Nationals
10 & Under Male	263.0	Jordan Coen	AC	2015	Nationals

### Master Power Consecutive Triple Unders

Age Category	Score	Athlete	Club	Year	Competition
<b>18 to 29 Female</b>	<b>235.0</b>	<b>Sydney McLennan</b>	<b>LL</b>	<b>2019</b>	<b>Nationals</b>
18 to 29 Male	232.0	Jordan Mulvihill	RR	2013	Nationals
15 to 17 Female	225.0	Sydney McLennan	LL	2017	Ont. Provincials
15 to 17 Male	206.0	Eli Bull	LL	2016	Nationals

### Master 3 Minute Consecutive Double Unders (pre 2016)

Age Category	Score	Athlete	Club	Year	Competition
13 to 14 Female	428.0	Jocelyn Simon	GJ	2011	Ont. Provincials
13 to 14 Male	406.0	Jordan Mulvihill	RR	2009	BC Provincials
11 to 12 Female	389.0	Shelby Bekaam	EE	2012	Nationals
11 to 12 Male	385.0	Jake Whyte	BAR	2012	Nationals
10 & Under Female	363.0	Shelby Bekaam	JRX	2009	Ont. Provincials
10 & Under Male	369.0	Keagan Dunne	BAR	2015	Ont. Provincials
30 & Over Female	347.0	Sarah Dobrowolski	JE	2014	Nationals
30 & Over Male	296.0	Matt Delorey	JS	2015	Nationals

### Master 3 Minute Double Unders (one miss in 1st 30 seconds) 2016

Age Category	Score	Athlete	Club	Year	Competition
13 to 14 Female	412.0	Reagan Farough	EE	2018	Ont Provincials
<b>13 to 14 Male</b>	<b>417.0</b>	<b>Jordan Coen</b>	<b>ALYC</b>	<b>2019</b>	<b>AB Provincials</b>
<b>30 &amp; Over Female</b>	<b>415.0</b>	<b>Sandi Kish</b>	<b>HH</b>	<b>2019</b>	<b>Nationals</b>
30 & Over Male	345.0	Sam Ashley	JE	2017	NS Provincials

### Master 2 Minute Double Unders (one miss permitted) 2016

Age Category	Score	Athlete	Club	Year	Competition
11 to 12 Female	289.0	Reagan Farrough	EE	2016	Nationals
11 to 12 Male	366.0	Keagan Dunne	BAR	2016	Ont. Provincials

### Master 1 Minute Double Unders (non-consecutive) 2016

Age Category	Score	Athlete	Club	Year	Competition
10 & under Female	145.0	Sydney Nicholls	LL	2016	Nationals
10 & Under Male	145.0	Parker Capbell	CJC	2017	Nationals

<b>Team Single Rope Speed Relay ( 4 x 30 seconds )</b>					
<b>World Record</b>	<b>415.5</b>	China		2016	FISAC Worlds
<b>Canadian Record</b>	<b>353.0</b>	Clutch Sensations	ABBS	2018	WJR
Age Category	Score	Team Name	Club	Year	Competition
<b>18 to 29 Female</b>	<b>353.0</b>	<b>Clutch Sensations</b>	<b>ABSS</b>	<b>2018</b>	<b>WJR</b>
18 to 29 Mixed	343.5	Jump 3	JS	2014	Ontario Open
15 to 17 Female	338.0	Jump 3	JS	2011	Ont Provincials
15 to 17 Mixed	346.0	Adrenaline Rush	LL	2015	Ontario Open
13 to 14 Female	325.0	Psychedelic Sensations	ABSS	2011	Nationals
<b>13 to 14 Male</b>	<b>238.0</b>	<b>Webs of Fury 2</b>	<b>BWRS</b>	<b>2019</b>	<b>Nationals</b>
13 to 14 Mixed	323.5	Adrenaline Rush	LL	2013	Nationals
11 to 12 Female	312.0	Junior Jumpers	GJ	2018	Ont Provincials
11 to 12 Male	190.5	Webs of Fury	BWRS	2018	BC Provincials
11 to 12 Mixed	282.0	Lincoln 5	LL	2010	Nationals
10 & Under Female	294.0	Electric Energizers	EE	2015	Ont. Provincials
10 & Under Mixed	263.0	Cateyes	AC	2015	Nationals
30 & Over Female	327.5	Wolf Pack	EE	2017	Nationals
<b>30 &amp; Over Mixed</b>	<b>319.5</b>	<b>Lucas,Jocelyn,Melissa,Lauren</b>	<b>EE</b>	<b>2019</b>	<b>Nationals</b>

<b>Team Single Rope Double Under Relay ( 4 x 30 seconds )</b>					
<b>World Record</b>	<b>351.0</b>	United Kingdom		2009	
<b>Canadian Record</b>	<b>340.0</b>	Jump 3	JS	2012	Ontario Open
Age Category	Score	Team Name	Club	Year	Competition
18 to 29 Female	340.0	Jump 3	JS	2012	Ontario Open
18 to 29 Mixed	338.0	Jump 3	JS	2014	Ontario Open
15 to 17 Female	334.0	Jump 3	JS	2011	Ont. Provincials
15 to 17 Mixed	316.0	DT61	BAR	2016	Ont Provincials
13 to 14 Female	311.0	Chewbacca	LL	2011	Ont. Provincials
<b>13 to 14 Male</b>	<b>207.0</b>	<b>Webs of Fury 2</b>	<b>BWRS</b>	<b>2019</b>	<b>Nationals</b>
13 to 14 Mixed	312.0	Adrenaline Rush	LL	2012	Ont. Provincials
11 to 12 Female	309.5	Junior Pack	EE	2017	Nationals
11 to 12 Male	117.0	Webs of Fury	BWRS	2018	BC Provincials
11 to 12 Mixed	275.5	Lincoln 5	LL	2010	Nationals
10 & Under Female	295.0	Electric Energizers	EE	2015	Nationals
10 & Under Mixed	261.5	Cateyes	AC	2015	Alta. Provincials
<b>30 &amp; Over Female</b>	<b>329.5</b>	<b>Jocelyn,Melissa,Emma,Lauren</b>	<b>EE</b>	<b>2019</b>	<b>Ont. Provincials</b>
30 & Over Mixed	326.0	Wolf Pack	EE	2016	Ont. Provincials

### Team Double Dutch Speed Relay ( 4 x 45 seconds )

Team Double Dutch Speed Relay ( 4 x 45 seconds )					
<b>World Record</b>	<b>671.5</b>	Hong Kong		2016	FISAC Worlds
<b>Canadian Record</b>	<b>527.0</b>	<b>BOMK</b>	<b>BAR</b>	<b>2012</b>	<b>FISAC Worlds</b>
Age Category	Score	Team Name	Club	Year	Competition
18 to 29 Female	527.0	BOMK	BAR	2012	FISAC Worlds
18 to 29 Mixed	527.0	Ropers 13	RR	2013	Nationals
15 to 17 Female	492.0	Jump 3	JS	2011	Ont. Provincials
15 to 17 Mixed	493.5	The Ropers	RR	2011	BC Provincials
13 to 14 Female	421.0	Lincoln 2	LL	2011	Ont. Regionals
<b>13 to 14 Male</b>	<b>151.5</b>	<b>Webs of Fury 2</b>	<b>BWRS</b>	<b>2019</b>	<b>BC Provincials</b>
13 to 14 Mixed	394.0	Adrenaline Rush	LL	2013	Ontario Open
11 to 12 Female	358.0	Junior Jumpers	GJ	2017	Nationals
11 to 12 Mixed	301.5	Lincoln 5	LL	2010	Ont. Provincials
10 & Under Female	295.0	Electric Energizers	EE	2015	Nationals
10 & Under Mixed	218.0	Blaze	BAR	2015	Nationals
30 & Over Female	493.0	Wolf Pack	EE	2017	Ont. Provincials
<b>30 &amp; Over Mixed</b>	<b>492.0</b>	<b>Lucas,Melissa,Lindsay,Lauren</b>	<b>EE</b>	<b>2019</b>	<b>Nationals</b>

### Team Double Dutch Pairs Speed Relay ( 2 x 60 seconds )

Team Double Dutch Pairs Speed Relay ( 2 x 60 seconds )					
<b>World Record</b>	<b>440.0</b>	Double Dutch Forces	USA	2007	
<b>Canadian Record</b>	<b>390.0</b>	Fearsome Four	JJ	2002	Nationals
Age Category	Score	Team Name	Club	Year	Competition
18 to 29 Female	390.0	Fearsome Four	JJ	2002	Nationals
18 to 29 Mixed	364.0	A-Rhythm-tic-Ropers	RR	2010	FISAC Worlds
15 to 17 Female	375.5	5 Alive	LL	2013	Nationals
15 to 17 Mixed	329.0	Adrenaline Rush	LL	2015	Ont. Provincials
13 to 14 Female	347.0	Lincoln 3	LL	2010	Worlds
<b>13 to 14 Male</b>	<b>116.5</b>	<b>Webs of Fury 2</b>	<b>BWRS</b>	<b>2019</b>	<b>BC Provincials</b>
13 to 14 Mixed	304.0	Adrenaline Rush	LL	2013	Nationals
11 to 12 Female	258.0	Bouncing Bubbles	ESMS	2006	N.S. Provincials
11 to 12 Mixed	265.0	Lincoln 5	LL	2010	Nationals
10 & Under Female	231.0	Lincoln 6	LL	2010	Nationals
10 & Under Mixed	131.0	Energizer Bunnies	EE	2010	Nationals
30 & Over Female	357.0	Wolf Pack	EE	2017	Nationals
<b>30 &amp; Over Mixed</b>	<b>360.0</b>	<b>Lucas,Lindsay,Emma,Lauren</b>	<b>EE</b>	<b>2019</b>	<b>Ont. Provincials</b>

### Team Double Dutch 3 X 40 Relay ( 3 x 40 seconds ) 2016

Age Category	Score	Team Name	Club	Year	Competition
18 to 29 Female	332.0	Clutch Sensations	ABSS	2018	BC Provincials
<b>18 to 29 Male</b>	<b>160.0</b>	<b>Jordan,Tyrel,Xavier</b>	<b>ALYC</b>	<b>2019</b>	<b>Nationals</b>
18 to 29 Mixed	316.0	Eli,Colleen,Krista	LL	2016	Ontario Open
15 to 17 Female	302.0	Elisa,MacKenzie,Samantha	JS	2018	Ont Provincials
<b>15 to 17 Male</b>	<b>194.0</b>	<b>AJ,Garrett,Trey</b>	<b>CSS</b>	<b>2019</b>	<b>Nationals</b>
15 to 17 Mixed	295.5	Thomas,Eliza,Jersey	BAR	2017	Nationals
<b>13 to 14 Female</b>	<b>272.0</b>	<b>Charlie,Keeley,Harlee</b>	<b>CCS</b>	<b>2019</b>	<b>Nationals</b>
13 to 14 Male	176.5	Parker, Owen, Carter	CJC	2017	Nationals
<b>13 to 14 Mixed</b>	<b>235.0</b>	<b>Owen,Paige,Abigail</b>	<b>CSS</b>	<b>2019</b>	<b>Nationals</b>
<b>30 &amp; Over Female</b>	<b>351.0</b>	<b>Becca,Carly,Colleen</b>	<b>LL</b>	<b>2019</b>	<b>Ont Open</b>
30 & Over Mixed	280.0	Kristyn, Cameron, Sam	JE	2017	Nationals