



Jump Rope British Columbia Code of Conduct Agreement Coach: 2025-26

As a registered Coach of JRBC registered athletes you have the responsibility to:

1. Create an environment that is safe and healthy, both physically and emotionally, one where the growth and development of all participants is enhanced.
2. Treat all persons fairly, with respect and without discrimination, making appropriate allowances for anyone who is at a disadvantage, and regardless of gender, place or origin, race, colour, sexual orientation, religion, policy belief or economic status.
3. Not post on any social media site with the goal to initiate hurt, intimidate or humiliate any athlete, coach, official or spectator. These acts shall be considered harassment. If I see anything of concern from or about an official or another JRBC coach, athlete or member I will immediately contact the JRBC President.
4. Create opportunities for athletes to take responsibility, develop leadership skills, and build self-esteem.
5. Recognize individual objectives, needs and differences in designing and implementing programs or activities.
6. Develop and communicate rules which are reasonable, and which are fairly and consistently applied.
7. Ensure that fair play and good sportsmanship, both in one's own conduct and that of others, is encouraged.
8. Consistently display high personal standards, modelling behavior that is expected of others, and projecting a favorable image of the sport of jump rope, and in particular:
 - a. Show respect and refrain from criticism of officials, other coaches and other teams' athletes.
 - b. With respect to one's own athletes, offer comment or criticism in a constructive manner.
 - c. Refrain from the use of profane, insulting, harassing or otherwise offensive language in the performance of duties,
9. Engage in activities designed to acquire skills and knowledge appropriate to one's responsibilities, then implement that skill and knowledge.
10. Evaluate the effectiveness and appropriateness of the programs and activities and be willing and able to make changes when the evaluation so indicates.
11. Seek out criticism and be able to accept and benefit from such criticism.
12. Subordinate one's own objectives and needs to those of the athletes.



13. Communicate effectively with others including when dealing with a minor and their parents/ guardians.

14. Initiate disciplinary action when appropriate and participate co-operatively in disciplinary proceedings when underway.

15. To ensure I don't use the official JRBC logo without formal written permission of the JRBC Board of Directors.

I understand that as a Coach, if I'm found to be in violation of this agreement, I may be subject to disciplinary action. Appeals or considerations are at the discretion of the JRBC Board.

Date: _____

Coach Name: _____

Coach Signature: _____