



**Jump Rope British Columbia
Code of Conduct Agreement
Athlete: 2025-26**

As an athlete I shall:

1. Ensure to the best of my ability to abide by the rules and principles of Jump Rope BC (JRBC) and Rope Skipping Canada (RSC).
2. Respect my teammates, coaches, tournament officials, judges, volunteers, opponents, opposing coaches, and other participants at competitions, practices and other association activities.
3. Not make any derogatory comments as to another individual's race, ethnic origin, color, religion, gender and/or sexual orientation.
4. Not put anyone down or say or do anything that could hurt someone physically or emotionally.
5. Not post on any social media site with the goal to initiate hurt, intimidate or humiliate any athlete, coach, official or spectator. These acts shall be considered harassment. If I see anything of concern from or about an official, coach or another JRBC athlete or member I will immediately contact the JRBC President.
6. Work hard to improve my skills both as an individual and as a team player.
7. Act in a safe and responsible manner.
8. Not behave in a manner or engage in any activity that would cause embarrassment or disrespect to my team, or the JRBC including smoking, drinking alcohol, or using drugs.
9. Not use the official JRBC logo without formal written permission of the JRBC Board of Directors.

I understand that to be an athlete in good standing with JRBC and RSC, I must comply with this Code of Conduct. Failure to do so could result in disciplinary action. Appeals or considerations are at the discretion of the JRBC Board.

Date: _____

Athlete Name: _____

Athlete Signature: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____