

Jump Rope BC Alumni Application Form.

As a skipper, you have the ability to gain Alumni status. This means you are welcome to bring your knowledge and experience to the Jump Rope BC workshops and other events if called upon. All Alumni applicants will be kept in an Alumni pool and called upon when needed. There are varying forms of Alumni status, please contribute to the best of your ability. All expenses to attend the Fall Camp are the responsibility of the jumper. Billeting can probably be arranged if the applicant requests it at time of application

What is the BCYRSA AlumniTeam?

The BCYRSA All-Star Team is comprised of experienced jumpers who will represent British Columbia and Yukon (BCY) performing and teaching workshops to further the education of the sport of Jump Rope.

To be an Alumni means to be an all-round jumper, teacher and ambassador of this wonderful sport of jump rope. To be an Alumni candidate you must be able to demonstrate that you meet the following criteria:

- 1. Must be a current Jump rope BC and Rope Skipping Canada member**
- 2. Must be at least 16 years of age(onDec.31,2014)**
- 3. Must have attended at least two National competitions, one outside of BC.**

4. **Must have been an All Star or have 6 years skipping experience**
5. **Must have level 4 skills**
6. **Alumni applicants must attend the Jump Rope BC Fall Camp in Penticton on the weekend of October 25-27 unless they have applied in writing and submitted an application by the due date with an explanation of the special circumstance preventing them from attending.**
7. **Must submit a one page report explaining what they have done in the skipping world in the past two years. (in their team, community and as an Allstar. Also include how you have balanced skipping commitments with the rest of your life.**
8. **Must submit a letter explaining their availability ie (exam dates), areas of expertise, ability to travel, arrangements for fall camp and fall workshop attendance.**
9. **Must be able to demonstrate: Leadership Coaching Skills and teamwork**

Alumni All Star Team Application

Applicants must meet the criteria laid out in the information. Required Documents:(please include an email address where we can notify you)

1. Applicants must submit a Jump Rope BC Alumni application form (found at the end of this document).
1. Applicants must submit a letter indicating their availability ie (exam dates), areas of expertise, ability to travel, arrangements for fall camp and fall workshop attendance.

2. Applicants must submit a completed Medical Form found at the end of this document.
3. Applicants are to submit a one page report outlining what they have done in skipping both in their community, their team and with Allstars during the past two years. Include a statement on how they have managed to balance their commitments.
4. All documents must be emailed or postmarked by Aug. 15th th, 2013. It is the responsibility of the candidate to submit the required application form to the All-Star Team Committee Chair:
5. BCYRSA Allstar Committee

c/o Teresa Segstro

2105 Falls Street

Nelson, BC V1L 1K5

Any questions please feel free to email Brenda at :
breid@netidea.com

Important dates and deadlines:

August 25, 2013 – Due date for the postmark or email for application, essay, and letters of recommendation to Jump Rope BC All Star Committee.

Oct. 25-27, 2013 Fall Camp for Jump Rope BC- act as tryouts – teaching review of applicants

Applicants will be informed of acceptance to Alumni Team by Oct. 31st, 2013

Expectations for Alumni and All-Star Team Candidates

Alumni and All-Star candidates should demonstrate the following areas of expertise.

Leadership:

The successful candidate must have the ability to influence, motivate, and enable others to contribute toward the effectiveness and success of the sport of Jump Rope. Candidates must be able to enable an individual or team to move successfully towards a common goal.

Coaching Skills:

The successful candidate must be able to express positive expectations to others and be able to work to resolve conflicts by actively listening/promoting mutual understanding and respect. Candidates must have the ability to motivate those he/she is teaching while demonstrating proper technique of jump rope skills.

Ability to learn new routines quickly:

The successful candidate must be able to demonstrate that they have the ability to learn new routines quickly and at a moment's notice, while demonstrating their jumping ability with professionalism and a positive attitude.

Teamwork:

The successful candidate must demonstrate that they have the ability to cooperate by participating willingly; "is a good team player" and does his/her share of the work. Candidates need to express positive expectations of others and speak of all team members in positive terms. They must promote cooperation while encouraging and empowering others. They must also help to build team spirit while making others feel strong and an important part of the sport.

Attendance :

The attendance of the successful candidates will be observed at camp. The comments on attendance at regular club practices will be reviewed.

Preparedness : The successful candidate will come in specified uniform hair done in cheats or braids, bangs pinned back on time prepared to skip. Please no gum chewing when acting as an Allstar.

Please fill put forms below and email or mail.

Medical Form

Name _____

Birthdate _____ Home Phone _____

Parent's
Name _____

Emerg. Contact _____

Phone # _____ Care Card

No. _____

Allergies (please describe)

Medical Problems (sleep, braces, asthma, cold headaches, growing pains etc.) Please also include the treatment you would like us to follow. (Please describe)

Medication (this includes permission to administer a Tylenol for a headache) Please give all medication to the coach of your team when on a trip. Be sure and

have the directions clearly labeled.

I hereby authorize the coaches and/or manager of the Allstars to seek medical help for my child during trips or practices if they should consider it necessary.

Parents Signature

Witnessed by

Alumni Team Application Form

Name of Jumper

Address:

City: _____ Province _____

Postal Code _____

Phone #: _____

Email _____

Age (in current competition year) _____

Birthdate _____ Current Member with _____

JRBC _____ RSC _____

Club Affiliation _____

Billeting Requested for – Fall Camp in Penticton Yes/No
Important info for billeting –(allergies, health concerns)

Years of Jumping Experience _____

Please indicate which items you are willing to participate in.

Workshops _____ Tournament help _____ Project Work _____

Judging _____

Trainings _____ Board Committees _____

Shows _____ Other _____

Applicants Signature

Parent's signature (or Guardian's) If under 18 years of

age _____