

# Rope Skipping Canada National Records

May 22, 2017

(Records set in 2016/17 Season are in **BOLD**)

## Master 30 Second Speed

<b>World Record</b>	<b>111</b>	Xiaolin Cen	China	2016	FISAC Worlds
<b>Canadian Record</b>	<b>96</b>	Taylor Thompson	JS	2013	Nationals

Age Category	Score	Athlete	Club	Year	Competition
18 to 29 Female	96.0	Taylor Thompson	JS	2014	Nationals
18 to 29 Male	92.0	Marc-Antoine Reid	ECL	2012	FISAC Worlds
15 to 17 Female	96.0	Taylor Thompson	JS	2013	Nationals
15 to 17 Male	90.0	Jordan Mulvihill	RR	2012	World Jump Rope
13 to 14 Female	91.0	Hannah Perkins	ABSS	2009	Nationals
13 to 14 Male	91.0	Jake Whyte	BAR	2014	Ont. Provincials
<b>11 to 12 Female</b>	<b>84.0</b>	<b>Peyton Gendreau</b>	<b>EE</b>	<b>2017</b>	<b>Nationals</b>
11 to 12 Male	86.5	Jake Whyte	BAR	2012	Nationals
10 & Under Female	79.0	Peyton Gendreau	EE	2015	Ont. Provincials
10 & Under Male	79.0	Keagan Dunne	BAR	2015	Ont. Provincials
30 & Over Female	84.0	Sarah Dobrowolski	JE	2016	Nationals
<b>30 &amp; Over Male</b>	<b>79.0</b>	<b>Sam Ashley</b>	<b>JE</b>	<b>2017</b>	<b>NS Provincials</b>

## Master 3 Minute Endurance

<b>World Record</b>	<b>550.0</b>	Xiaolin Cen	China	2016	FISAC Worlds
<b>Canadian Record</b>	<b>461.0</b>	Shelby Toews	IND	2014	Ont. Provincials

Age Category	Score	Athlete	Club	Year	Competition
18 to 29 Female	461.0	Shelby Toews	IND	2014	Ont. Provincials
18 to 29 Male	450.0	Jordan Mulvihill	RR	2013	Nationals
15 to 17 Female	458.0	Emily MacRae	JS	2010	FISAC Worlds
15 to 17 Male	451.5	Jordan Mulvihill	RR	2012	World Jump Rope
13 to 14 Female	436.5	Emily MacRae	JS	2009	Ont. Provincials
13 to 14 Male	444.0	Jordan Mulvihill	RR	2008	Nationals
<b>11 to 12 Female</b>	<b>414.0</b>	<b>Reagan Farough</b>	<b>EE</b>	<b>2017</b>	<b>Nationals</b>
11 to 12 Male	427.0	Jordan Mulvihill	RR	2007	BC Provincials
10 & Under Female	385.0	Shelby Bekaan	JRX	2009	Ont. Provincials
10 & Under Male	393.0	Jordan Mulvihill	RR	2004	BC Provincials
<b>30 &amp; Over Female</b>	<b>398.0</b>	<b>Sarah Dobrowolski</b>	<b>REVOL</b>	<b>2017</b>	<b>Nationals</b>
<b>30 &amp; Over Male</b>	<b>358.0</b>	<b>Sam Ashley</b>	<b>JE</b>	<b>2017</b>	<b>NS Provincials</b>

### Master 2 Minute Endurance

Age Category	Score	Athlete	Club	Year	Competition
10 & Under Female	263.0	Reagan Farough	EE	2015	Nationals
10 & Under Male	263.0	Jordan Coen	AC	2015	Nationals

### Master Power Consecutive Triple Unders

Age Category	Score	Athlete	Club	Year	Competition
18 to 29 Female	181.0	Shelby Toews	JE	2013	Nationals
18 to 29 Male	232.0	Jordan Mulvihill	RR	2013	Nationals
<b>15 to 17 Female</b>	<b>225.0</b>	<b>Sydney McLennan</b>	<b>LL</b>	<b>2017</b>	<b>Ont. Provincials</b>
15 to 17 Male	206.0	Eli Bull	LL	2016	Nationals

### Master 3 Minute Consecutive Double Unders (pre 2016)

Age Category	Score	Athlete	Club	Year	Competition
13 to 14 Female	428.0	Jocelyn Simon	GJ	2011	Ont. Provincials
13 to 14 Male	406.0	Jordan Mulvihill	RR	2009	BC Provincials
11 to 12 Female	389.0	Shelby Bekaam	EE	2012	Nationals
11 to 12 Male	385.0	Jake Whyte	BAR	2012	Nationals
10 & Under Female	363.0	Shelby Bekaam	JRX	2009	Ont. Provincials
10 & Under Male	369.0	Keagan Dunne	BAR	2015	Ont. Provincials
30 & Over Female	347.0	Sarah Dobrowolski	JE	2014	Nationals
30 & Over Male	296.0	Matt Delorey	JS	2015	Nationals

### Master 3 Minute Double Unders (one miss in 1st 30 seconds) 2016

Age Category	Score	Athlete	Club	Year	Competition
13 to 14 Female	392.0	Ellory Smith	BC	2016	Nationals
13 to 14 Male	352.5	Everett Graham	HHE	2016	Nationals
<b>30 &amp; Over Female</b>	<b>366.0</b>	<b>Melissa Thornton</b>	<b>EE</b>	<b>2017</b>	<b>Nationals</b>
<b>30 &amp; Over Male</b>	<b>345.0</b>	<b>Sam Ashley</b>	<b>JE</b>	<b>2017</b>	<b>NS Provincials</b>

### Master 2 Minute Double Unders (one miss permitted) 2016

Age Category	Score	Athlete	Club	Year	Competition
11 to 12 Female	289.0	Reagan Farrough	EE	2016	Nationals
11 to 12 Male	366.0	Keagan Dunne	BAR	2016	Ont. Provincials

### Master 1 Minute Double Unders (non-consecutive) 2016

Age Category	Score	Athlete	Club	Year	Competition
10 & under Female	145.0	Sydney Nicholls	LL	2016	Nationals
<b>10 &amp; Under Male</b>	<b>145.0</b>	<b>Parker Capbell</b>	<b>CJC</b>	<b>2017</b>	<b>Nationals</b>

<b>Team Single Rope Speed Relay ( 4 x 30 seconds )</b>					
<b>World Record</b>	<b>415.5</b>	China		2016	FISAC Worlds
<b>Canadian Record</b>	<b>346.5</b>	Jump 3	JS	2012	Nationals
Age Category	Score	Team Name	Club	Year	Competition
<b>18 to 29 Female</b>	<b>347.5</b>	<b>Levitation Sensations</b>	<b>ABSS</b>	<b>2017</b>	<b>Provincials</b>
18 to 29 Mixed	343.5	Jump 3	JS	2014	Ontario Open
15 to 17 Female	338.0	Jump 3	JS	2011	Ont. Provincials
15 to 17 Mixed	346.0	Adrenaline Rush	LL	2015	Ontario Open
13 to 14 Female	325.0	Psychedelic Sensations	ABSS	2011	Nationals
13 to 14 Mixed	323.5	Adrenaline Rush	LL	2013	Nationals
11 to 12 Female	310.5	Schnitzel Sensations	ABSS	2016	BC Provincials
11 to 12 Mixed	282.0	Lincoln 5	LL	2010	Nationals
10 & Under Female	294.0	Electric Energizers	EE	2015	Ont. Provincials
10 & Under Mixed	263.0	Cateyes	AC	2015	Nationals
<b>30 &amp; Over Female</b>	<b>327.5</b>	<b>Wolf Pack</b>	<b>EE</b>	<b>2017</b>	<b>Nationals</b>
30 & Over Mixed	310.0	Jump 3	JS	2015	Ont. Provincials

<b>Team Single Rope Double Under Relay ( 4 x 30 seconds )</b>					
<b>World Record</b>	<b>351.0</b>	United Kingdom		2009	
<b>Canadian Record</b>	<b>340.0</b>	Jump 3	JS	2012	Ontario Open
Age Category	Score	Team Name	Club	Year	Competition
18 to 29 Female	340.0	Jump 3	JS	2012	Ontario Open
18 to 29 Mixed	338.0	Jump 3	JS	2014	Ontario Open
15 to 17 Female	334.0	Jump 3	JS	2011	Ont. Provincials
15 to 17 Mixed	316.0	DT61	BAR	2016	Ont Provincials
13 to 14 Female	311.0	Chewbacca	LL	2011	Ont. Provincials
13 to 14 Mixed	312.0	Adrenaline Rush	LL	2012	Ont. Provincials
<b>11 to 12 Female</b>	<b>309.5</b>	<b>Junior Pack</b>	<b>EE</b>	<b>2017</b>	<b>Nationals</b>
11 to 12 Mixed	275.5	Lincoln 5	LL	2010	Nationals
10 & Under Female	295.0	Electric Energizers	EE	2015	Nationals
10 & Under Mixed	261.5	Cateyes	AC	2015	Alta. Provincials
30 & Over Female	323.5	Wolf Pack	EE	2011	Ont. Provincials
30 & Over Mixed	326.0	Wolf Pack	EE	2016	Ont. Provincials

### Team Double Dutch Speed Relay ( 4 x 45 seconds )

<b>World Record</b> <b>671.5</b> Hong Kong     2016     FISAC Worlds					
<b>Canadian Record</b> <b>527.0</b> BOMK     BAR     2012     FISAC Worlds					
Age Category	Score	Team Name	Club	Year	Competition
18 to 29 Female	527.0	BOMK	BAR	2012	FISAC Worlds
18 to 29 Mixed	527.0	Ropers 13	RR	2013	Nationals
15 to 17 Female	492.0	Jump 3	JS	2011	Ont. Provincials
15 to 17 Mixed	493.5	The Ropers	RR	2011	BC Provincials
13 to 14 Female	421.0	Lincoln 2	LL	2011	Ont. Regionals
13 to 14 Mixed	394.0	Adrenaline Rush	LL	2013	Ontario Open
<b>11 to 12 Female</b>	<b>358.0</b>	<b>Junior Jumpers</b>	<b>GJ</b>	<b>2017</b>	<b>Nationals</b>
11 to 12 Mixed	301.5	Lincoln 5	LL	2010	Ont. Provincials
10 & Under Female	295.0	Electric Energizers	EE	2015	Nationals
10 & Under Mixed	218.0	Blaze	BAR	2015	Nationals
<b>30 &amp; Over Female</b>	<b>493.0</b>	<b>Wolf Pack</b>	<b>EE</b>	<b>2017</b>	<b>Ont. Provincials</b>
30 & Over Mixed	472.0	Wolf Pack	EE	2016	Nationals

### Team Double Dutch Pairs Speed Relay ( 2 x 60 seconds )

<b>World Record</b> <b>440.0</b> Double Dutch Forces     USA     2007					
<b>Canadian Record</b> <b>390.0</b> Fearsome Four     JJ     2002     Nationals					
Age Category	Score	Team Name	Club	Year	Competition
18 to 29 Female	390.0	Fearsome Four	JJ	2002	Nationals
18 to 29 Mixed	364.0	A-Rhythm-tic-Ropers	RR	2010	FISAC Worlds
15 to 17 Female	375.5	5 Alive	LL	2013	Nationals
15 to 17 Mixed	329.0	Adrenaline Rush	LL	2015	Ont. Provincials
13 to 14 Female	347.0	Lincoln 3	LL	2010	Worlds
13 to 14 Mixed	304.0	Adrenaline Rush	LL	2013	Nationals
11 to 12 Female	258.0	Bouncing Bubbles	ESMS	2006	N.S. Provincials
11 to 12 Mixed	265.0	Lincoln 5	LL	2010	Nationals
10 & Under Female	231.0	Lincoln 6	LL	2010	Nationals
10 & Under Mixed	131.0	Energizer Bunnies	EE	2010	Nationals
<b>30 &amp; Over Female</b>	<b>357.0</b>	<b>Wolf Pack</b>	<b>EE</b>	<b>2017</b>	<b>Nationals</b>
30 & Over Mixed	313.0	Wolf Pack	EE	2016	Nationals

**Team Double Dutch 3 X 40 Relay ( 3 x 40 seconds ) 2016**

<b>Age Category</b>	<b>Score</b>	<b>Team Name</b>	<b>Club</b>	<b>Year</b>	<b>Competition</b>
18 to 29 Female	320.0	Laura,Krystal,Erika	BAR	2016	Ontario Open
18 to 29 Mixed	316.0	Eli,Colleen,Krista	LL	2016	Ontario Open
<b>15 to 17 Female</b>	<b>298.0</b>	<b>Ireland,Hannah,Sydney</b>	<b>LL</b>	<b>2017</b>	<b>Ont. Provincials</b>
<b>15 to 17 Mixed</b>	<b>295.5</b>	<b>Thomas,Eliza,Jersey</b>	<b>BAR</b>	<b>2017</b>	<b>Nationals</b>
<b>13 to 14 Female</b>	<b>237.0</b>	<b>Paige, Emma, Kayla</b>	<b>LL</b>	<b>2017</b>	<b>Ont. Provincials</b>
<b>13 to 14 Male</b>	<b>176.5</b>	<b>Parker, Owen, Carter</b>	<b>CJC</b>	<b>2017</b>	<b>Nationals</b>
13 to 14 Mixed	180.0	Hope,Brynne,Matthew	CS	2016	Nationals
<b>30 &amp; Over Female</b>	<b>342.0</b>	<b>Becca,Carly,Colleen</b>	<b>LL</b>	<b>2017</b>	<b>Nationals</b>
<b>30 &amp; Over Mixed</b>	<b>280.0</b>	<b>Kristyn, Cameron, Sam</b>	<b>JE</b>	<b>2017</b>	<b>Nationals</b>









